

## Positive Alternatives 2014 - 16 Quarterly Update

**Grantee: HIGHLAND LIFECARE CENTER**

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**Goal: Provide pregnancy testing; Provide pregnancy verification for Medical Assistance Eligibility; Provide material assistance; Provide financial assistance; Provide parenting education; Provide pregnancy education; Provide life skills education; Provide nutrition; Provide car seats; Provide cribs and sleep safety education; Provide ultrasound; Provide necessary services.**

**For the period: January 1 through March 31, 2016**

<b>Activity or Service</b>	<b>Activity or Service Description</b> <small>Major Work Plan Activities</small>	<b>Work Plan Count</b>	<b>Program Progress and Accomplishments</b> <small>Report the progress and accomplishments made this period on each activity.</small>	<b>Report Count</b>
<b>Car Seat Program</b>	Enroll clients in EWYL program; provide certified car seat instruction and testing; provide car seat	5	Our car seat program continues to help clients receive a new car seat who do not have access to do so as well as learn life and parenting skills in the process. They also attend the car seat seminar.	10
<b>Crib Distribution/ Sleep Safety Education</b>	Enroll clients in EWYL program; provide sleep safety education and materials; provide pack-n-play	5	Our new pack-n-plays continue to help clients provide for their newborn babies while learning sleep safety education.	7
<b>Financial Assistance</b>	Provide assistance with applying for financial aid from other organizations	5	We referred clients to our sister center for help with financial assistance applications.	3

Activity or Service	Activity or Service Description Major Work Plan Activities	Work Plan Count	Program Progress and Accomplishments Report the progress and accomplishments made this period on each activity.	Report Count
<b>Life-Skills Education Program</b>	Provide life-skills education	20	This continues to be a good fit for those clients who wish to learn life skills while earning baby equipment. We have added certified life coaching sessions to our life skills education.	58
<b>Material Support</b>	Provide material assistance to women including clothes, diapers, and baby equipment	200	Material support continues to be an important part of our service to those in need as well as a source of clients for our Learn and Earn Program.	301
<b>Nutrition</b>	Provide prenatal vitamins; provide information on folic acid, WIC and nutrition education information to pregnant women	20	All clients with a positive pregnancy test, and a few clients who come to us already pregnant, are offered this service from us. We are now able to refer clients to our sister organization for more thorough information on these topics.	18
<b>Parenting Education</b>	Provide client intake and assessment; enroll in program; meet individually with clients to complete assignments; provide incentives	25	All new client intakes are given the opportunity to enroll in our Learn and Earn program and receive baby equipment. They meet individually with the Learn and Earn Specialist.	31
<b>Pregnancy Education</b>	Provide pregnancy information, education or referrals	15	All pregnant clients may receive this information according to their needs and desires. They meet individually with the Learn and Earn Specialist.	23
<b>Pregnancy Testing</b>	Provide assessment for program eligibility; pregnancy counseling and testing; provide resources and referrals	50	Pregnancy test clients are provided medically accurate information about their pregnancy options. Our trained staff provide emotional and practical support and referrals to necessary services.	19

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<b>Provide Necessary Services Assessments Only</b>	Staff provides clients only intake assessments, information on, referral to and assistance with securing necessary services	2	All new clients to our center receive an intake assessment if they wish to receive our services including sources and referrals to the necessary services.	12
<b>Ultrasound</b>	Verify pregnancy; provide ultrasound intake, ultrasound and follow-up services	25	Most clients who have a positive pregnancy test take advantage of our free ultrasound service. The decrease in number could be attributed to an overall lower rate of positive pregnancy test results, as well as our transitions this fall.	15

<b>Maternal and Child Health Initiative Task Force Strategies</b>	<b>No.</b>
<i>Number of women who received car seats and car seat safety education from a PA funded program activity</i>	10
<i>Number of women who received car seat safety education only from a PA funded program activity</i>	0
<i>Number of women who received child abuse prevention education from a PA funded program activity</i>	13
<i>Number of women who received abusive head trauma (shaken baby) prevention education from a PA funded program activity</i>	0
<i>Number of women who received a baby bed, crib, or pack-n-play and sleep safety education from a PA funded program activity</i>	7
<i>Number of women who received sleep safety education only from a PA funded program activity</i>	3

**Challenges:** Because we were in transition this fall as we moved to a new location, our staffing and client numbers had been lower than usual but are starting to even out over time.

**Comments:**